

# TRAINER PROFILE Julia N. P. Lim

### AREAS OF PROFESSIONAL EXPERTISE IN TRAINING



Core Training for Professional Coach

Coaching

Communication Training thru' Conversational Intelligence-C-IQ

New Managers and Fresh Graduates On-Boarding Program

## **HIGHLIGHTS OF TRAINER'S PROFILE**

Julia is an Executive Coach specializing in leadership coaching. She was a successful Marketing professional before she transitioned to become a professional Coach. While she was still in Campbell Soup Southeast Asia as the Head of Marketing, she began to lead her team differently through Coaching. The results were transformational. Leading by Coaching helps others become aware, think creatively, become engaged and be empowered. There on, they take on ownership and responsibilities and drive results beyond their own expectations. It unleashes their potential and helps them to learn and grow and in turn help them to behave and become future leaders. Julia is passionate to create positive change by spreading the awareness of coaching amongst workplace managers. This enables them to become coaching leaders who enjoy a more meaningful leadership role. While developing their direct reports as future leaders, they can then focus their attention on strategies that bring their companies to new heights.

#### Credentials

- Associate Certified Coach (PCC Professional Certified Coach), ICF (International Coach Federation,) USA
- Certified Coach (CC), Asia Pacific Corporate Coach Institute(ACCI), Singapore
- Certified Train the Trainer (TTT) HRDF Programs, Malaysia
- Certified EQ Profiler, USA
- Certified C-IQ practitioner

## **Expertise / Services Provided**

- Executive Coaching
- Team / Group / Mentor Coaching
- Communication skill training C-IQ
- Coaching Skill Trainer/ Facilitator
- Trainer, Co- Facilitator of ICF Coach Training Program

-Developed by SkillFocus Consultancy-